



Centers for
Orthopaedics
Experience in Motion

Directions to OA - Portland Office

33 Sewall Street

Telephone: (207) 828-2100

From Southern Maine: Drive North on I-295; take exit 5 off I-295; follow signs that take you to Route 22 West, at second light (Congress St.) turn left onto Congress St./Rt. 22 West; at second set of lights turn left onto Sewall St. Our office is located at 33 Sewall St.

From Northern Maine: Drive South on I-295; take exit 5B off I-295 onto Congress Street; at the second set of lights turn left onto Sewall Street. Our office is located at 33 Sewall St.

